WINE & BEER

Off dry, with plenty of fruit and a crisp finish

ROSE WINES

£12.99

£13.99

£13.99

£12.99

£16.99

£14.99

£15.99

£15.99

£16.99

		-(-0-) (-0
BOTTLED LAGER & CIDERPRICE		
COBRA BEER (330ML)	£2.99	PINOT GRIGIO ROSE Italia, italy
		Delicate strawberry fruit and a fine acidity
TIGER BEER (330ML)	£3.25	,
MAGNERS CIDER (330ML)	£3.50	MATEUS ROSE
GUINNESS	£3.99	Sogrape, portugal Original rosé with a very appealing palate
		and little fizz
LIBERATION ALE (500ML)	£3.99	
CI(I)(II)(I)II		ZINFANDEL ROSE Wildwood, california
СНАМРАСИЕ		A youthful wine with aromas of fresh cherries,
LAURENT-PERRIER BRUT	£59.99	strawberries and sweet candy. Incredibly
Elegant and dry with great style and finesse		sumptuous and ever so moreish. Perfect
, , ,		with indian, Thai and all asian food.
LAURENT-PERRIER CUVEE ROSE BRUT	£69.99	
Jersey's favourite Champagne		RED WINES
coy pividyic wayir		MERLOT HOUSE WINE
SPARKLING WINE		Chile
PROSECCO	£15.99	Medium-body with good fruit structure and soft tannins
Extra dry, ponte, italy		MARQUES DE CACERES
Delicate citrus fruit, pleasantly lively, light, with moderate alcohol content.		
		CRIANZA, RIOJA
PROSECCO ROSE	£15.99	Classic rioja with red cherry and strawberry fruits, cinnamon And silky tannins with a long, silky and spicy finish.
Ponte, italy		And sincy carriers with a long, sincy and spicy missis.
Fresh, delicate with scent of small red fruits		SHIRAZ
		Sunnycliff estate, australia
WHITE WINE		A deep vibrant red wine with ripe berry flavours
y jii i E y ii (E		MALPEC
SAUVIGNON BLANC HOUSE WINE		MALBEC
		Trivento, argentina Rich yet soft with plum and raspberry flavours
CHILE	£12.99	Then yet soft with plant and taspectly havours
Intense nose, with citric and peach aromas, very fresh and well balanced.		VALPOLICELA RIPASSO
nesh and wen balanced.		Lamberti, italy
MACON LUGNY	£15.99	A special "ripasso" technique, which involves
Les genievres, louis latour, burgundy	2.0	second fermentation, gives this unique wine
Classic macon with tropical fruits and complex finish		its unrivalled flavour. With its fruity notes and
		hints of vanilla, this wine has a warm, harmonious and concentrated flavour.
SAUVIGNON BLANC	£14.99	and concentrated havour.
Oyster bay, new zealand		COTES DU RHONE-VILLAGES
Fresh and zesty, with intense fruit flavours		Les coteaux, boutinot classic côtes du rhône
CHARRONINAY	(12.00	villages. Brambly fruit underpinned by subtle
CHARDONNAY Sunnycliff estate, australia	£12.99	oaky nuances, lovely sweet spice; warm star
Fresh, lively and fruit-driven		anise with a touch of cinnamon.
		ALLERGIES & INTOLERANCES
PINOT GRIGIO	£14.99	
Italia, italy		Please be advised some of our dishes may contain the follow

Gluten, milk, soya, egg, fish, lupin, celery, peanut, tree nuts, sesame, mustard, Sulphites, molluscs, crustaceans. Fish dishes may contain bones. Please speak to A member of staff when ordering if you have an allergy.

Designed & Printed by PRINT TODAY 0330 010 3521



FREE HOME DELIVERY

6.00pm - 10.00pm

(minimum order £15.00)



OPENING HOURS 5.30pm - 11.00pm

Seven days a week, including Bank Holidays

01534 766118 07797 818845

Please order with our website

WWW.INDIANOCEAN.JE



37 La Motte Street, St. Helier, Jersey JE2 4SZ All major credit cards accepted. All prices include GST (GST No. 0043291) Prices correct as of February 2023

APPETISERS

711 1 2 1 1 0 2 1 1 0		
		SPECIALITIE
PAPPADAM PLAIN OR SPICY CHUTNEY ONION BHAJI (2)	£1.20 £0.99 £4.99	GARLIC CHILLI CHICKEN Fairly hot Tender pieces of chicken cooked with fresh garlic, onions, ginger and green chillies.
Spiced shredded onion patty with lentil flour cumin and deep fried. VEGETABLE PAKORA (5) Assorted vegetable with sliced potatoes and	£5.99	GARLIC CHILLI LAMB Fairly hot Tender pieces of lamb cooked with fresh garlic, onions, ginger and green chillies.
gram flour, slightly spiced and deep fried.		GARLIC CHILLI FISH Fairly hot Fish fillets cooked with fresh garlic, onions, ginger and green chillies.
CHICKEN PAKORA (5) Battered chicken tikka deep fried VEGETABLE SAMOSA	£5.99	CHICKEN REZALA Medium hot Skewered chicken tikka pieces cooked with green peppers in yogurt sauce.
Triangular shaped pastry stuffed with mixed vegetables and deep fried.	24.55	CHICKEN PASANDA Mild Diced chicken cooked with almonds and sultanas in a creamy red wine sauce.
ALOO CHAT Thin sliced potatoes cooked with cucumber in a sweet and sour sauce.	£4.99	LAMB PASANDA MILD Tender pieces of lamb cooked with almonds and sultanas in a creamy
CHICKEN CHAT Thin sliced chicken pieces cooked with cucumber in a sweet and sour sauce.	£4.99	Red wine sauce. BUTTER CHICKEN Mild Breast pieces of chicken tikka cooked in
MEAT SAMOSA Triangular shaped pastry stuffed with minced meat and deep fried.	£4.99	butter with almonds and ground spices. COD BHOONA Medium hot Cod fillets cooked with onions ginger with medium spiced sauce
CHICKEN TIKKA Boneless pieces of chicken marinated in tandoori spices and cooked in clay oven.	£5.99	KOCHI CHICKEN Medium hot Barbecued chicken pieces cooked with fresh qinger, mixed peppers and cashew
LAMB TIKKA Tender pieces of lamb marinated in	£5.99	nuts served in sizzling dish. INDIAN OCEAN CHICKEN

tandoori spices and cooked in clay oven.	
TANDOORI CHICKEN	£5.99
Quarter piece of on the bone chicken marinated in spice overnight and cooked in a clay oven.	
SHEEK KEBAB	£6.99
Minced lamb mixed with spices, skewered	

MIXED KEBAB £6.99 Mixed starter of sheek kebab, chicken tikka, lamb tikka.

and grilled in clay oven.

PRAWN PATHIA PUREE Prawns cooked in ground spices, sweet and sour served on deep fried pancake.

TIGER KING PRAWN BUTTERFLY (6) £5.99 Battered tiger king prawn deep fried.

INDIAN OCEAN MIXED STARTER Onion bhaji, pakora, chicken tikka & lamb tikka.



INDIAN OCEAN SPECIALITIES

GARLIC CHILLI CHICKEN Fairly hot Tender pieces of chicken cooked with fresh garlic, onions, ginger and green chillies.	£15.99
GARLIC CHILLI LAMB Fairly hot Tender pieces of lamb cooked with fresh garlic, onions, ginger and green chillies.	£15.99
GARLIC CHILLI FISH Fairly hot Fish fillets cooked with fresh garlic,	£15.99

onions, ginger and green chillies. **CHICKEN REZALA Medium hot** £15.99 Skewered chicken tikka pieces cooked with green peppers in yogurt sauce.

CHICKEN PASANDA Mild £15.99 Diced chicken cooked with almonds and sultanas in a creamy red wine sauce. LAMB PASANDA MILD £15.99 Tender pieces of lamb cooked with

almonds and sultanas in a creamy Red wine sauce. **BUTTER CHICKEN Mild** £15.99 Breast pieces of chicken tikka cooked in

COD BHOONA Medium hot £15.99 Cod fillets cooked with onions ginger with medium spiced sauce

£15.99

£14.99

INDIAN OCEAN CHICKEN

CHICKEN TIKKA

SPECIAL Medium hot £14.99 Thin sliced chicken tikka pieces stir fried with onions, garlic and mixed vegetables served in a sizzling dish.

TANDOORI SPECIALITIES

Served in a sizzler with side salad and mint sauce.

Boneless pieces of chicken marinated overnight in tandoori spices and cooked in clay oven. **LAMB TIKKA** £15.99 Tender pieces of lamb marinated overnight in tandoori spices and cooked in clay oven. SHEEK KEBAB £15.99 Minced lamb mixed with tandoori spices & grilled in a clay oven. **TANDOORI CHICKEN** £14.99 Two quarter pieces of on the bone chicken marinated overnight in yogurt sauce and

cooked in clay oven. **CHICKEN SHASLICK** £14.99 Off the bone breast pieces of chicken marinated in spices, grilled on charcoal with tomato, onions and green peppers.

TANDOORI MIXED GRILL £18.99 Platter of tandoori chicken, chicken tikka. lamb tikka and sheek kebab, served with nan bread.

TANDOORI TIGER KING PRAWNS £18.99 Spiced tiger king prawns cooked in tandoori clay oven.

VEGETABLE SPECIALITIES

MIXED VEGETABLE GARLIC CHILLI Fairly hot Mixed vegetables cooked with fresh garlic,	£13.99
ginger and chilli. MIXED VEGETABLE ACHARI Fairly hot Mixed vegetables cooked with lime pickle.	£13.99
MIXED VEGETABLE MASALA Very mile Mixed vegetables cooked with ground spices in a creamy sauce.	£13.99

HANDI MEDIUM HOT

Handi sauce-well balanced mixer of dry coriander, coconut, chillies, fresh garlic and ginger. Chef's own recipe.

HANDI CHICKEN	£14.9
HANDI LAMB	£16.9
HANDI PRAWNS	£15.9
HANDI TIGER KING PRAWNS	£17.9
HANDI MIXED VEGETABLES	£13.9
PANEER cottage cheese	£13.9

KARAHI MEDIUM HOT

Medium spiced cooked with green peppers, diced onions, garlic, ginger, and coriander.

KARAHI CHICKEN	£14.9
KARAHI LAMB	£16.9
KARAHI PRAWNS	£15.9
KARAHI TIGER KING PRAWNS	£17.9
KARAHI MIXED VEGETABLES	£13.9
PANEER cottage cheese	£13.9

MASALA VERY MILD

Marinated overnight, grilled on charcoal and cooked with exotic spicy creamy sauce.

CHICKEN TIKKA MASALA	£14.99
LAMB TIKKA MASALA	£16.99
TANDOORI CHICKEN MASALA	£14.99
TANDOORI TIGER KING	
PRAWN MASALA	£17.99
TANDOORI MIXED MASALA	£17.99
PANEER COTTAGE CHEESE	£13.99

BALTI MEDIUM HOT

Cooked with balti paste, specially prepared with coriander, fenugreek and fresh mint.

CHICKEN BALTI	£14.9
LAMB BALTI	£16.9
PRAWN BALTI	£15.9
TIGER KING PRAWN BALTI	£17.9
MIXED BALTI Chicken, Lamb, Prawns & Vegetables	£17.9
MIXED VEGETABLE BALTI	£13.9
PANEER cottage cheese	£13.9

JALFRAZI FAIRLY HOT

Cooked with fresh green chillies, green peppers, onions,

gariic, giligei, aliu collaliuci.	
CHICKEN JALFRAZI	£14.99
CHICKEN TIKKA JALFRAZI	£14.99
LAMB JALFRAZI	£16.99
PRAWN JALFRAZI	£15.99
TIGER KING PRAWN JALFRAZI	£17.99
MIXED VEGETABLE JALFRAZI	£13.99
PANEER cottage cheese	£13.99

KORMA MILD

(Cooked with coconut and fresh cream.)

CHICKEN KORMA	£14.99
LAMB KORMA	£16.99
PRAWNS KORMA	£15.99
TIGER KING PRAWN KORMA	£17.99
MIXED VEGETABLE KORMA	£13.99
PANEER COTTAGE CHEESE	£13.99

CURRY MEDIUM HOT

(Cooked with onions and tomato sauce.)

CHICKEN CURRY	£14.99
LAMB CURRY	£16.99
PRAWNS CURRY	£15.99
TIGER KING PRAWN CURRY	£17.99
MIXED VEGETABLE CURRY	£13.99
PANEER COTTAGE CHEESE	£13.99

SAG MEDIUM HOT

(Cooked with spinach)

, , , ,	
SAG CHICKEN	£14.99
SAG GOSHT	£15.99
SAG PRAWN	£15.99
TIGER KING PRAWN SAG	£17.99
PANEER COTTAGE CHEESE	£13.99

MADRAS

Fairly Hot (Rich hot taste prepared with garlic chilli and tomato puree.)

CHICKEN MADRAS	£14.99
LAMB MADRAS	£16.99
PRAWNS MADRAS	£15.99
TIGER KING PRAWN MADRAS	£17.99
MIXED VEGETABLE MADRAS	£13.99
PANEER cottage cheese	£13.99

VINDALOO VERY HOT

(Cooked in very hot sauce with garlic, chilli and tomato puree.)

CHICKEN VINDALOO	£14.9
LAMB VINDALOO	£16.9
PRAWNS VINDALOO	£15.9
TIGER KING PRAWN VINDALOO	£17.9
MIXED VEGETABLE VINDALOO	£13.9
PANEER COTTAGE CHEESE	£13.9

BHOONA MEDIUM HOT

(Cooked in very thick sauce with garlic, ginger, onions and tomato.)

CHICKEN BHOONA	£14.99
LAMB BHOONA	£16.99
PRAWNS BHOONA	£15.99
TIGER KING PRAWN BHOONA	£17.99
MIXED VEGETABLE BHOONA	£13.99
PANEER cottage cheese.	£13.99

ROGAN MEDIUM HOT

(Medium spicy dish with plenty of tomatoes.)

CHICKEN ROGAN	£14.99
LAMB ROGAN	£16.99
PRAWNS ROGAN	£15.99
TIGER KING PRAWN ROGAN	£17.99
MIXED VEGETABLE ROGAN	£13.99
PANEER cottage cheese	£13.99

DANSAK FAIRLY HOT

Cooked with lentils. Hot sweet and sour taste.

DATILLA	
PANEER COTTAGE CHEESE	£13.99
MIXED VEGETABLE DANSAK	£13.99
TIGER KING PRAWN DANSAK	£17.99
PRAWNS DANSAK	£15.99
LAMB DANSAK	£16.99
CHICKEN DANSAK	£14.99

PATHIA Fairly Hot

Prepared with coconut. Hot sweet and sour taste.

CHICKEN DATHIA	C1400
CHICKEN PATHIA	£14.99
LAMB PATHIA	£16.99
PRAWNS PATHIA	£15.99
TIGER KING PRAWN PATHIA	£17.99
MIXED VEGETABLE PATHIA	£13.99
PANEER cottage cheese	£13.99
DODIAZA	

DOPIAZA Medium Hot

Cooked with garlic, ginger and plenty of onions in a thick sauce.

CHICKEN DOPIAZA	£14.99
LAMB DOPIAZA	£16.99
PRAWNS DOPIAZA	£15.99
TIGER KING PRAWN DOPIAZA	£17.99
MIXED VEGETABLE DOPIAZA	£13.99
PANEER COTTAGE CHEESE	£13.99

METHI MEDIUM HOT

Prepared with fenugreek leaves

METHI CHICKEN	£14.99
METHI GOSHT	£16.99
METHI PRAWNS	£15.99
METHI TIGER KING PRAWNS	£17.99
PANEER cottage cheese	£13.99

BIRIYANI MEDIUM HOT

Basmati rice with chicken, lamb or prawns. Served with mixed vegetable curry.

CHICKEN BIRYANI	£16.99
LAMB BIRYANI	£16.99
PRAWN BIRYANI	£16.99
TIGER KING PRAWN BIRYANI	£16.99
CHICKEN TIKKA BIRYANI	£16.99
MIXED BIRYANI Chicken, lamb and prawns	£16.99
PANEER cottage cheese	£13.99
VEGETABLE BIRYANI	£13.99

SAUCE

0.100	•
MASALA SAUCE	£4.99
KORMA SAUCE	£4.99
PATIA SAUCE	£4.99
DANSAK SAUCE	£4.99
SAUCE	
CUCUMBER RIATA	£2.50
MIXED RIATA	£2.50
DRINK	S

COKE (330ML)	£1.75
DIET COKE (330ml)	£1.75
LEMONADE (330ml	£1.75
IRN BRU (330ml)	£1.75
FANTA (330ml)	£1.75
SPRITE (330ml)	£1.75
COKE (1.5ltr)	£2.95
LEMONADE (1.5ltr)	£2.95

VEGETABLE SIDES

MIXED VEGETABLE Curry	£5.9
MIXED VEGETABLE Bhaji Dry	£5.9
SAG BHAJI SPINACH	£5.9
SAG ALOO Spinach & potato	£5.9
BOMBAY ALOO Spicy potato	£5.9
CAULIFLOWER BHAJI	£5.9
BRINJAL BHAJI Aubergine	£5.9
ALOO GOBI Potato & cauliflower	£5.9
CHANNA MASALA Chick peas	£5.9
DAL Lentils	£5.9
TARKA DAL Lentils garnished with fried garlic	£5.9
MUSHROOM BHAJI	£5.9
SAG PANEER Spinach & cottage cheese	£5.9
MOTOR PANEER cottage cheese	£5.9

RICE

£4.99

PILAO RICE BASMATI RICE	£4.9
LEMON RICE	£4.99
PEAS FRIED RICE	£4.99
CHANNA RICE CHICK PEAS	£5.99
COCONUT FRIED RICE	£5.9
MUSHROOM FRIED RICE	£5.99
VEGETABLE FRIED RICE	£5.99
SPECIAL FRIED RICE	£5.9

BOILED RICE

BREAD

PLAIN NAN	£3.99
KEEMA NAN Stuffed with mince meat	£4.99
PESHWARI NAN Stuffed with almonds & sultanas	£4.99
GARLIC NAN	£4.99
VEGETABLE NAN	£4.99
CHEESE NAN	£4.99
PARATHA	£4.99
VEGETABLE PARATHA	£4.99
PUREE	£1.50
CHIPS	£3.50
TANDOORI ROTI	£3.99